



WHAT TO PACK • ISLANDS & WILDLIFE OF THE PACIFIC NORTHWEST

Lindblad Expeditions' ships are casual places. There's no need to dress up ever, so our recommendations on your 'travel wardrobe' are all about comfort, practicality, and the likely conditions of the region you're exploring. For this expedition our expedition team suggests you include some or all of the following:

- Comfortable walking shoes with rubber soles for use both on board and during shore excursions. You may want to take two pairs so that you will have a dry pair if one should get wet. Many people find sneakers suitable, while some prefer lightweight hiking boots for additional support.
- Lotions / crèmes for sun and wind protection.
- If you wear contact lenses, bring a pair of prescription glasses for occasions when lenses may be bothersome, i.e., strong winds.
- Camera, lenses and plenty of film.
- 1 good pair of binoculars.
- Extra camera batteries.
- Prescription medicines. If certain medicines are part of your daily health regimen and are vital to your health, make sure you bring an adequate supply for the duration of your trip. Your medications should be packed in your carry-on luggage.
- If part of your medication regimen requires the use of needles or other sharp instruments while on board, please bring a small, personal sharps container for safe disposal. Containers can also be requested on board and we will gladly take care of the disposal for you.
- Cotton slacks (khakis, jeans, corduroy).
- Gloves.
- Warm hat.
- Medium weight jacket for evenings.
- Lightweight rain gear - waterproof pants and jacket - under which you can wear pants and a sweater and jacket, to protect you from spray during Zodiac rides as well as possible rain, when you are walking in various areas.
- Short and long-sleeved shirts.
- Shorts.
- Sweatshirts or outfits of fleece.
- 1-2 warm sweaters/sweatshirts.
- A small backpack or similar bag with shoulder straps, for carrying camera and other gear.

Please note that this is a general packing list only. If you are participating on an extension, you will receive a detailed packing list in your pre-tour documents.

Visit our online store WWW.LEXGEAR.COM, for a convenient way to shop for your expedition.