



## WHAT TO PACK • EGYPT

Lindblad Expeditions' ships are casual environments. There's no need to dress formally, so our recommendations for your 'travel wardrobe' are all about comfort, practicality, and the likely conditions of the region you're exploring. For this program, our expedition team suggests you include some or all of the following:

- Comfortable walking shoes with rubber soles (for use both on board ship and during shore excursions). Most people find tennis shoes or sneakers suitable. You may want to bring two pairs so that you will have a spare pair should one get dusty or dirty.
- Sunglasses.
- Sunscreen and sunburn relief products.
- Sun protection: hat, sunglasses, waterproof sunblock: 30 SPF minimum.
- Wide-brimmed hat for rain or sun.
- Camera, lenses and plenty of film.
- A good pair of binoculars.
- Extra camera batteries.
- Prescription medicines. If certain medicines are part of your daily health regimen and are vital to your health, make sure you bring an adequate supply for the duration of your trip. Your medications should be packed in your carry-on luggage.
- Collapsible umbrella.
- 1 or 2 bathing suits and cover-up.
- Shorts or
- Cotton or other lightweight long pants.
- Lightweight sweaters. Clothes that can be layered will serve you well.
- Long-sleeved shirts for protection from the sun.
- T-shirts, polo shirts, and/or other comfortable, lightweight short-sleeved shirts.
- Windbreaker and sweatshirt or sweater.
- A small backpack or rucksack; a waterproof bag to hold camera and/or binoculars.
- Lightweight flashlight (and spare batteries) for illuminating the inside of the tombs.
- Pocket tissues and moist towelettes.
- Canteen or water bottle (though bottled water is provided on all elements of transportation).
- Zip-lock plastic bags as added protection for camera, film, etc.
- Waterproof insect repellent.
- Travel alarm clock.
- Please remember that Egypt and Jordan are predominantly Moslem countries, with conservative standards of dress. These apply particularly to women: except on board the Triton and by swimming pools, it's best not to wear bare-backed dresses or short skirts.
- For the welcome and farewell dinners, as well as for your stay at the Four Seasons Cairo and the Hotel Mena House Oberoi, you may want to have something a little dressier, a blouse and skirt or simple dress for women and a sports jacket for men. A tie and even a jacket are entirely optional.

Please note that this is a general packing list only. If you are participating on an extension, you will receive a detailed packing list in your pre-tour documents.

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