



• WHAT TO PACK • EXPLORING THE BRITISH ISLES AND IRISH ISLES

First of all, the atmosphere aboard is casual. There is no expectation of any formal dress whatsoever; after all, it is an expedition.

The climates of England, Ireland, Scotland, and Norway are unpredictable; a bout of rain can quickly give way to sunny skies. In August, average temperatures on land range from the mid 50's to the upper 60's in England, Ireland, Scotland and Norway.

At sea, you can expect the temperatures to be slightly cooler. To be prepared for rain and cooler temperatures, please bring rain gear (waterproof, windproof jacket and pants) as well as adequate warm clothing.

Below is a packing list developed by one of our expedition leaders. If you have any questions, please give us a call.

We recommend that you bring the following items:

- Waterproof, ankle-high hiking boots for shore excursions during which you will likely encounter muddy or wet conditions. These are essential for your comfort and safety on longer walks throughout the expedition.
- Comfortable walking shoes with rubber soles and good support (for onboard the ship and shore excursions). Most people find tennis shoes or sneakers suitable. You may want to bring two pairs so that you will have a dry pair if one should get wet.
- Gloves.
- Lightweight raincoat, rain poncho, or umbrella.
- Lightweight rain gear, such as waterproof pants and jackets, under which you can wear pants or a sweater.
- Two or three different weight sweaters (one each).
- Sweatshirts or outfits of fleece.
- Two or three woolen or polar fleece sweaters (a combination of lighter and heavier sweaters is preferable for greater flexibility). Please note that fleece is lighter and dries more quickly than wool.
- Short and long-sleeved shirts/blouses.
- Cotton slacks (khakis, jeans, corduroy).
- Lightweight thermal underwear.
- Workout clothing, for use in the ship's fitness center.
- Lotions/creams for sun and wind protection.
- Sunglasses.
- Camera, lenses and plenty of film and/or memory cards and extra camera batteries.
- Binoculars – one pair per person is highly recommended. Binoculars can add immeasurably to the quality of your travel experience.
- A small backpack or rucksack; a waterproof bag to hold your camera and/or binoculars.
- Travel alarm clock.
- Note:** Robes are provided in your cabin.

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