

EXPLORE WITH CONFIDENCE

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# HEALTH & SAFETY PROTOCOLS











As industry pioneers, we have been bringing travelers to the farthest reaches of the planet for over 50 years. We have decades of experience balancing adventure and safety, plus deep-rooted networks in the communities where we explore. That, along with our intimately sized ships and the remoteness of our voyages, makes us uniquely positioned for a successful re-entry to the wild.

Our dedicated **COVID-19 Global Policy** Team has consulted with top medical experts as well as U.S. and international authorities to ensure every detail has been carefully considered—from the moment you depart your local airport to the day we disembark. Based on these collective efforts, we've enhanced all of our health and safety protocols to best minimize risk aboard our small ships.\*

All of our guidelines were developed under the expert counsel of:

- David B. Lorber, M.D., Lindblad Expeditions Chief Medical Officer
- Centers for Disease Control & Prevention (CDC)
- University of Washington
- Association of Arctic Expedition Cruise Operators' Clean Ships Healthy People
- Several external medical consultants including epidemiologists & infectious disease experts

Daily meetings keep our finger on the pulse of what's happening globally, and as the latest research and public health recommendations evolve, so will our policies. We will continue to update our protocols for all operating voyages in accordance with local, state, federal, and international regulations and guidelines.

## SETTING A HIGHER STANDARD

We are working to make your voyage as safe as possible, while staying true to the unparalleled Lindblad experience our guests expect. Our protocols feature these unique elements:

- Present proof of full COVID-19 vaccination for all guests 5 years of age and older. Full vaccination is 14 days past the final dose of an FDA- or WHO- authorized vaccine. Guests who are not vaccine-eligible because of age (4 years of age and under) are welcome to travel.
- All guests 12 years of age and over who completed their primary vaccine series more than 5 months ago are required to present proof of booster prior to embarkation. Children between the ages of 5-11 who are ineligible for a booster but who are fully vaccinated are welcome to travel.
- A negative COVID-19 test prior to boarding
- From start to finish, travel exclusively with an expedition community of fellow guests and staff, all equally tested
- Fluid & flexible itineraries—We can deftly avoid ports and crowds as needed
- ACT CleanCoat™—Sail aboard the world's first self-disinfecting ships
- Upgraded HVAC systems utilizing a combination of Bipolar Ionization, maximized fresh air intake and advanced UVC light purification



## WELCOME MAT APPROACH

Before greenlighting any destination, it must be open to tourism and we must meet or exceed all requirements for entry. Candid and transparent dialogue has been key to our Welcome Mat approach. In many cases, we have been on the frontline, blazing paths to help communities get their protocols in place.



## PRE-DEPARTURE REQUIREMENTS

Prior to arriving, you will receive the most up-to-date guidelines specific to your ship and destination. All of our procedures meet or exceed local laws as well as all WHO & CDC guidelines. Guests are strongly encouraged to take our recommended group flights; however, if your flight schedule dictates one forced overnight, we can reserve rooms for you at our partner hotel in select destinations. If you have a forced overnight, we ask that you follow common-sense protocols regarding masking and social distancing prior to joining the group. Voyage extensions will operate in select destinations.

Effective for all voyages departing on or after June 27, 2022: Guests will no longer need to present a negative COVID-19 PCR test result prior to departing home. All guests will continue to receive a COVID-19 test just prior to embarkation, arranged by Lindblad, and all guests must test negative to board. We highly recommend that all guests take a pre-departure COVID-19 test within five days of the start of your expedition. We also continue to recommend that you follow all CDC travel guidelines including masking and social distancing prior to joining the group.

Please note: some destinations may require testing for entry. Please visit the [‘Protocols By Destination’](#) page for more information.

The health and well-being of our guests, as well as our staff, vendors, and regional partners, has always been top priority. We will ask that all guests review and acknowledge the following requirements.



- Present proof of full COVID-19 vaccination for all guests 5 years of age and older. Full vaccination is 14 days past the final dose of an FDA- or WHO-authorized vaccine. Guests who are not vaccine-eligible because of age (4 years of age and under) may travel.
- All guests 12 years of age and older, who completed their primary vaccination series more than 5 months ago, are required to present proof of booster shot. Proof of booster shots must be submitted prior to the start of your expedition. Children between the ages of 5-11 who are ineligible for a booster but who are fully vaccinated are welcome to travel with us.
- We highly recommend that all guests take a pre-departure COVID-19 test within five days of the start of your expedition
- Take reasonable measures to reduce the risk of exposure and follow all CDC guidelines five days prior to embarkation.
- Receive a COVID-19 test, arranged by Lindblad, prior to boarding.
- Complete two health questionnaires: one prior to leaving home & one before boarding to confirm no changes.
- Follow all [CDC travel guidelines](https://www.cdc.gov/travel/) while en route to the vessel.

Get all of your COVID-19 TESTING FAQs answered—from where to find a local testing site to what happens if you test positive. Visit us at:

<https://www.expeditions.com/covid-protocol/frequently-asked-questions/>





## WELCOME ABOARD

Once on board, our goal is to provide the same exhilarating expedition experience our guests have come to know and love. We'll search for wildlife, explore with the expedition equipment, and revel in the wonders of the natural world. Much of our time is spent outdoors in fresh air and expansive landscapes ideal for social distancing.

Due to an increase in COVID-19 cases globally, Lindblad Expeditions will require face coverings onboard our vessels. Face coverings will be required while indoors, except when actively eating or drinking or in the comfort of your cabin. Face coverings will not be required while outdoors.

Our goal is to stay healthy through proactive testing and thorough sanitation protocols. In the unlikely event of a confirmed case on board we have a precise plan of action. See our QUARANTINE PROTOCOL FAQs by visiting:

<https://www.expeditions.com/covid-protocol/frequently-asked-questions/>





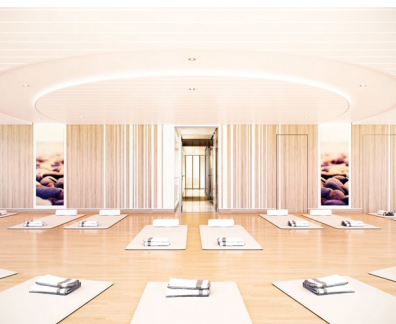
## PUBLIC SPACES

- Touch-free hand sanitizer dispensers are located around the ship and will be refilled regularly
- Upgraded HVAC systems bring in fresh external air and conditions it for your comfort utilizing a combination of bipolar ionization, maximized fresh air intake and advanced UVC light purification
- When possible our in-lounge presentations will be broadcast on all cabin and exterior speakers so guests may enjoy from alternate locations
- We have increased our shipboard supply of Personal Protective Equipment (PPE)



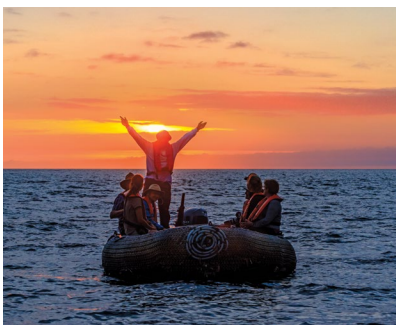
## DINING

- Dining room will be thoroughly cleaned before and after every meal
- Increased sanitation protocols for cocktail hours and canapé servings
- All galley personnel will be required to wear gloves and face coverings while preparing and serving meals



## WELLNESS PROGRAM

- Guest amenities like saunas, infinity pools, igloos, fitness centers, and yoga studios will have a limited time and capacity on relevant ships, where applicable
- Morning stretch classes will take place on exterior decks (weather permitting) and our wellness specialist will set up our sanitized mats 6 feet apart
- All voyages are staffed with an onboard doctor, and vessels now have increased medical capabilities and supplies on board



## IN THE FIELD

- Boarding of Zodiacs will be closely monitored to reduce gatherings in the mudroom and the loading area
- Once ashore in the wilderness, face coverings will not be required (unless required by local regulation) but social distancing will be strongly encouraged
- Face coverings will be required on all shoreside transportation.
- To do our part protecting the communities we visit, we may modify some of our port calls and activities. Our Welcome Mat approach means PPE will be required for any shoreside staff that interacts with our guests and crew; we have worked with the local communities to ensure they have access to the supplies they need and are comfortable with our procedures



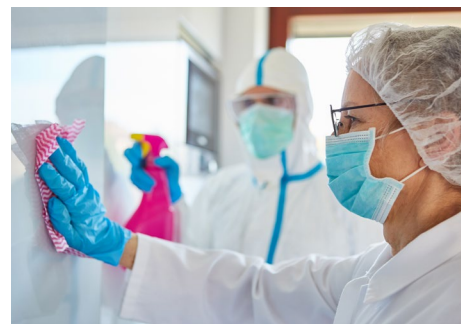


## STAFF REQUIREMENTS

Anyone who has traveled with us before knows our expedition team will do whatever it takes to ensure exhilarating discoveries run smoothly and safely. And our small scale, plus high staff to guest ratios, allow us to provide extra attention to all our sanitation efforts. All staff, crew and third-party operators have received training on COVID-19 safety and sanitation protocols, and they are ready and eager to welcome you aboard.

## TESTING & SAFETY PROTOCOLS

- Proof of full vaccination for COVID-19 and influenza\*
- Testing prior to their arrival to the vessel
- Regular COVID-19 testing as an added precaution
- Appropriate PPE must be worn in adherence with state and local regulations and guidance
- PPE is provided for all staff, crew, and third-party operators
- Enhanced PPE requirements for all cabin and common space cleaning
- Increased sanitation protocols for all shipboard spaces
- Enhanced visitor policy restricted to essential visits only





## CLEANING PRODUCTS & PROTOCOLS

- The frequency of cleaning and sanitizing has been increased in all public spaces with an emphasis on high-touch surfaces including, but not limited to, elevator buttons, door handles, public bathrooms, and handrails
- Industry-leading sanitizing protocols are used to clean guest rooms, with particular attention paid to high-touch items including doors, furniture and faucet handles, telephones, light switches, temperature controls, and luggage racks
- Minimized contact with guests; hotel staff will offer to return at an alternate time for occupied rooms
- All bed linen and laundry are changed before and during each voyage and, as always, washed at a high temperature and in accordance with CDC guidelines
- Dirty linens will be bagged in the guest cabin to eliminate excess contact while being transported
- Increased sanitation protocols are in place for all back of house operations including, but not limited to, meal preparation, loading provisions, and storage of consumables
- Electrostatic sprayers used nightly will cover broader areas and ensure ships are fully sanitized for the next morning

### ACT CLEANCOAT

Long before the advent of the novel coronavirus we trialed a new onboard cleaning and disinfecting system called ACT CleanCoat. It proved so effective, we rolled it out across the fleet, and today it offers an added layer of protection as we head back aboard. Read more about it at [expeditions.com/purity](https://expeditions.com/purity).





# OUR GOOD FAITH PLAN

**DREAM TO YOUR HEART'S CONTENT. BOOK WITH CONFIDENCE.**

We share your yearning for future experiences, and we also understand your need for peace of mind. See how we are protecting your financial investment in travel, too.

Visit us at [www.expeditions.com/book-assured](http://www.expeditions.com/book-assured) to learn more.

As always, our Expedition Specialists are standing by to answer any additional questions.

## **1-800-EXPEDITION**

Please review our FAQs for more details on the above policies.

### **Disclaimer:**

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\*There are certain unavoidable risks to passengers and property associated with expedition travel, including, among others, traveling with other people and illness or disease caused by exposure to bacteria, pathogens, and viruses, including the coronavirus that causes COVID-19, despite screening and testing and other steps taken by Lindblad Expeditions and passengers in response to these risks. In the event any passenger, crew, staff or others on the vessel were to test positive for COVID-19 and/or develop symptoms consistent with COVID-19, governmental authorities may require a 14-day or longer quarantine of all individuals on the vessel either on the vessel or elsewhere. Lindblad Expeditions shall not be liable for any claims, demands, and/or damages arising from or relating to any exposure to the coronavirus and/or the contraction of any illness or disease as a result of any such exposure, including but not limited to COVID-19, by passenger or any other person, including claims and damages due or allegedly due to inaccurate test results (including possible false negative test results) and/or the negligence of any Independent Contractor providing any medical screening or testing services, laboratory services, medical evaluation, diagnosis, treatment, advice, and/or recommendations, or any supplies and services for sanitation purposes.

\*Lindblad Expeditions will also require all Crew to be vaccinated, with limited exception for individual Crew members who are unable to obtain vaccines due to limitations in their country of residence. All Crew will be required at all times to strictly comply with Lindblad Protocols which require, among other things, multiple negative tests and quarantine prior to entering service, routine continued testing, mask-wearing, and restrictions interacting and engaging with anyone outside the Lindblad Expeditions voyage. Flu vaccination will be required prior to flu season in the operating region.