









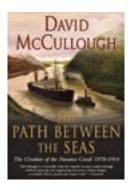
### WITHIN THE LUSH AND VIBRANT GREEN OF THIS REGION LIE MANY

discoveries—from the flash of scarlet macaw wings amid the treetops, to the scintillating iridescence on the hummingbirds, gracefully sipping nectar as they hover. And many memorable experiences—from the atavistic thrill of hearing the howler monkeys calling to each other, to the peace of sinking into a pool at the base of a waterfall. Greatest of all, however, is transiting the Panama Canal—marveling at the enduring excellence of its clockwork parts, and witnessing the Panamanian wildness surrounding it. This is the jewel of Central America—naturally intoxicating Costa Rica and dazzling Panama.

Voyage with us on Costa Rica & the Panama Canal and Wild Costa Rica Escape: Guanacaste's Coral Reefs & Volcanic Peaks, and enter the heart of this multi-faceted region.

Feel the vibrant wildness, as we explore the Osa Peninsula coastline by ship and on shore. Search for monkeys, frogs, sloths, and brightly colored birds; go horseback riding on a pristine beach, hike, and snorkel. Escape to the Guanacaste region to experience a rare dry rainforest, explore uninhabited isles, wildlife-rich jungles, and friendly surf towns. And make the most of your travel time by extending your stay. Add Monteverde and steep in the cool cloud forests of the highlands. Or opt for a city transition—our 2-day Panama City extension puts you in the center of a thriving metropolis whose 17th-century *Casco Viejo* and distinctive city skyline create a unique urban jungle.

Pura vida!



The artist Joseph Pennell... found the shapes of the gates and walls towering above him so 'stupendous' that he was almost unable to draw. Walter Bernard, editor of Scientific American. returned from a visit to the Isthmus to write an article on 'The Mammoth Locks' in which he conceded that it is impossible even to consider the subject 'without drifting into a superlative mood.' Another visitor would recall 'the feeling that follows a service in a great cathedral.' "

DAVID MCCULLOUGH
 The Path Between The Seas:
 The Creation of the Panama
 Canal

# SHIPS THAT TAKE YOU TO THE HEART OF CENTRAL AMERICA'S WILDEST REGIONS

TO OFFER GUESTS AUTHENTIC, UP-CLOSE EXPERIENCES IN THE most remote places, we've built a fleet of expedition ships to venture where larger cruise ships cannot. They are equipped with landing craft to explore, and land, in pristine wild places where there are no docks, ports, or piers. It's this kind of access that lets our guests discover what they might otherwise miss: quiet, kayak-able inlets, fascinating hikes surrounded by exotic birds and flowers, secluded white-sand beaches, and more. You can choose the itinerary that interests you, assured that our purpose-built-in-America expedition ships promise a feeling like no other. Unparalleled access is what gives you incredible stories to share, a priceless stock of memories, and the best photos of your life.

See our NEW ship, National Geographic Quest expeditions.com/QUEST

- Our brand-new sister ships, **National Geographic Quest** and National Geographic Venture are designed to give a complement of 100 guests the same intimate, inclusive experience the 62-guest National Geographic Sea Bird and National Geographic Sea Lion (opposite, upper right) have provided for 35 years. They've introduced a generation to Alaska, Baja, **British Columbia, the San** Juan Islands and more—and to the profound joys of upclose, personal exploring with expert naturalists, and a collegial expedition community."
  - SVEN-OLOF LINDBLAD CEO & Founder
  - Learn more about the
    National Geographic Sea Lion
    expeditions.com/SEALION











## EXPLORE CENTRAL AMERICA WITH THE FREEDOM TO ENJOY IT YOUR WAY

### EACH DAY, WE PROVIDE A FRESH DESTINATION, PLUS ALL

kinds of choices of what to do. Hike, paddleboard, kayak.

Snorkel, zipline, hang out with your photo instructor. But should you decide to sleep in, have a slow breakfast, and get a massage, nobody will look at you funny. You're on vacation. Your vacation. Our schedules are flexible and our itineraries more a function of what's to see than where we need to be.

So, if you want to work up a sweat on your walk, snorkel every time it's offered, or sit and breathe it all in—do it. It's your adventure. Our generous staff-to-guest ratio means you can always find a naturalist whose interests and approach you share, whether you're an avid bird watcher or are on a quest to spot a spider monkey. Just follow your interests and we'll help you get where you want to be.

### There is no U in "group."

Okay, maybe there is—but only if you want there to be. Our idea of group travel means never being herded like cattle. Each day, you choose what activities interest you, which members of the expedition team you want to join, and what other guests you want to hang out with. You may all be on the same ship but you aren't in the same boat.





GO YOUR OWN WAY













## THE FULL PERSPECTIVE: SEEING WHAT LIES BENEATH

### BECAUSE WHAT'S ACTUALLY UNDER THE WATER IS VITAL

to your experiences on Central America's oceans, seas, and rivers, we've committed the technology and personnel resources to offer what few others can—an exploration of the vivid and surprising world beneath our ship. On your voyage, an undersea specialist will shoot video of the teeming marine environment of the Costa Rican coast—and you'll get to see this amazing world on TV screens in the comfort of the lounge. With our specialist as your guide, you'll discover strange and surprisingly colorful flora and fauna—unusual life forms that are only found beneath the surface.

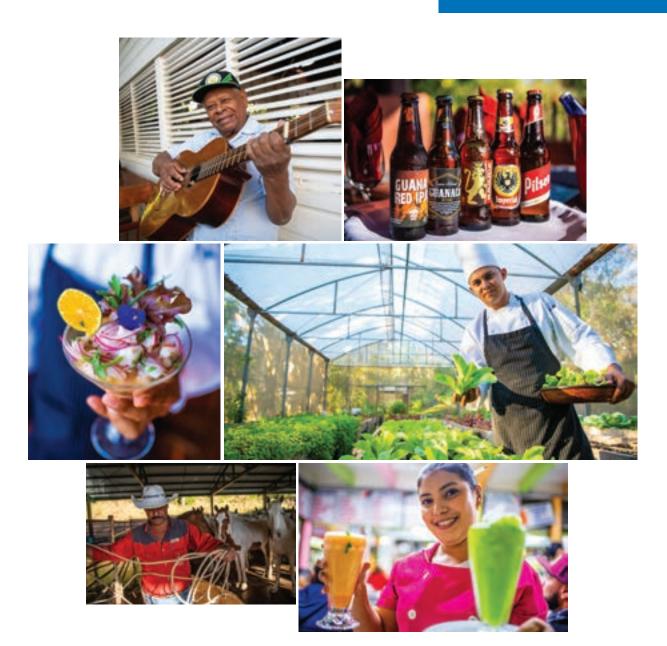




Tools for Exploration Travel
In addition to a fleet of expedition
landing craft, kayaks, and standup paddleboards, our expedition
ships are outfitted with complete
snorkel gear, including shortie
wetsuits, plus hydrophones
to eavesdrop underwater and
splash-cams for an up-close view
of the sea life underneath.







### IN 2017, NATIONAL GEOGRAPHIC RECOGNIZED

Costa Rica as one of the happiest countries in the world. Discover the warmth of the region's people, who affectionately call themselves *Ticos*, and revel in their spirit of *pura vida* through authentic and meaningful connections. In Guanacaste, the beautiful Hacienda Guachipelin is a vibrant backdrop for unique local encounters—experience the renowned cowboy culture, gather ingredients in the ranch's greenhouse with the resident chef

before savoring a farm-to-table meal, and watch a ceviche master prepare this traditional seafood dish. While on our longer itinerary, you'll explore the lush Osa Peninsula and speak with those behind the conservation efforts keeping the region green and wild. See a rousing folkloric dance performance in Playa Blanca, join local guides for jungle hikes to spot brightly plumed birds, chattering monkeys, and more, and be immersed in the Costa Rican good life.



### WHILE YOU'RE DISCOVERING COSTA RICA AND PANAMA,

you'll have the benefit of a Lindblad-National Geographic certified photo instructor (CPI) at your side and at your service. He or she can help you with anything from camera settings to the basics of composition. Now, every guest—from smartphone users to advanced DSLR hobbyists—can stand side-by-side with skilled photographers, pick up tips in the field, and take great photos. Our CPIs are also trained naturalists, so they'll help you better understand wildlife behavior. Whether you're choosing a shutter speed to capture a waterfall or framing a Scarlet Macaw against a lush jungle backdrop, in-the-moment tips from accomplished pros will help you return home with your best photos ever.



### **EXCLUSIVE ONBOARD GEAR LOCKER**

Dive into the onboard B&H Photo Video Gear Locker to field test new glass, camera bodies, and more—free. Plus, ask your Expedition Specialist about pre-voyage discounts and benefits.

### NATIONAL GEOGRAPHIC EXPERTS

The Lindblad Expeditions-National Geographic alliance has provided unique opportunities for our guests to travel with engaging and accomplished National Geographic experts. In addition to giving informative talks onboard, these experts are active participants along with you, sharing lunch, dinner, or the deck rail with you throughout the voyage.

### **TAYLOR EDWARDS**

Costa Rica & the Panama Canal
A leading expert on tortoise genetics
whose Ph.D. work led to the description
of a new species of tortoise and the
preservation of a crucial habitat in Mexico. Join Taylor on Dec. 8 & 15, 2019.

### **LUISA ARNEDO**

Costa Rica & the Panama Canal
A primatologist, Luisa has studied the behavior and vocal communication of two of the most endangered species of primates in the neotropics, the white-bellied spider monkey in Colombia and the northern muriqui in Brazil.

Join her on Mar. 23, 2020.

### **BIRGIT BUHLEIER**

Wild Costa Rica Escape: Guanacaste's Coral Reefs & Volcanic Peaks
A filmmaker, producer, and scientist,
Birgit played an integral role in the evolution of National Geographic's Crittercam, a video camera system that has provided fascinating insights into the daily lives of hundreds of species. Join her on Dec. 10 & 15, 2019









### WE TAKE TRAVELERS WHO LONG TO DELVE DEEP INTO

THE remote and gorgeous landscapes they seek. On this comprehensive expedition, we seek out spectacular vistas, iconic wildlife, and pervasive wildness like no one else can.

Our expert teams, knowledgeable and passionate, plus our intimate, state-of-the-art ship, designed to navigate shallow coves and coastal waters, truly get you right into nature. To top it off, you will experience an extraordinary transit of the Panama Canal, with our ship as your platform for examining the details of the lock systems that make it one of the world's most fascinating and enduring man-made marvels. And you have the option to enhance your experience and continue exploring on two pre- or post-voyage extensions, or a separate nine-day land excursion.

### **SPECIAL OPPORTUNITY**

Enjoy an extraordinary experience with the iconic sea turtles of the Pacific-join us on a visit to Latin American Sea Turtles (LAST) Association at Playa Blanca on the Osa Peninsula. Assist researchers with data collection. Hear engaging presentations by the LAST staff, including the head biologist who has dedicated her life to the conservation of these animals. And by special invitation, assist and observe as rehabilitated, healthy turtles are released back into the Pacific-a truly poignant moment. Available on select departures.

Find more details and dates at expeditions.com/seaturtles

### **EXPEDITION HIGHLIGHTS**

Head into the lush green heart of the Osa Peninsula to discover hidden pools and waterfalls • Kayak, paddleboard, swim, or snorkel within beautiful Coiba National Park • Visit a private garden, lush with orchids created and run for 25 years by two American expats • Marvel at the Panama Canal systems • Discover the region's kaleidoscopic flora and fauna

Visit expeditions.com/WILD for itinerary.

## **ITINERARY: COSTA RICA & THE PANAMA CANAL**

8 DAYS/7 NIGHTS—ABOARD NATIONAL GEOGRAPHIC QUEST

FROM: \$6,170

(SEE PAGES 30-31 FOR DETAILS)

### **EXPEDITION DETAILS**

2019 Dates:

Nov. 24; Dec. 1\*, 8, 15\*, 22, 29\*

2020 Dates:

Jan. 5, 12\*, 19, 26\*; Feb. 2; Mar. 8\*, 15, 23\*

\*These departures travel in reverse order, from Panama City to San José, making all the same stops.

Limited availability.

### **SPECIAL OFFERS:**

- Book by Sep. 30, 2019 and receive FREE ROUND-TRIP AIRFARE between Miami and San José/Panama City on select departures (see page 33), OR instead, choose a complimentary two-day extension in Panama City.
- Book by Sep. 30, 2019 and we will waive the solo traveler premium on solo cabins (excluding holiday departures). See page 33 or call for offer details.

### **ITINERARY AT A GLANCE**

Day 1 San José, Costa Rica/Puerto Caldera/Embark

Day 2 Corcovado National Park

Day 3 Golfo Dulce, Costa Rica/Osa Peninsula

Day 4 Golfo Dulce

Day 5 Coiba National Park, Panama

Day 6 Gulf of Panama Islets/Panama Canal Transit

Day 7 Gatún Lake/Panama Canal Transit
Day 8 Colón/Disembark/Panama City

Visit expeditions.com/WILD for a complete day-by-day itinerary. Or call to speak with an Expedition Specialist.

### **COSTA RICA**

**Puerto Caldera** 

#### THE ADVENTURE BEGINS

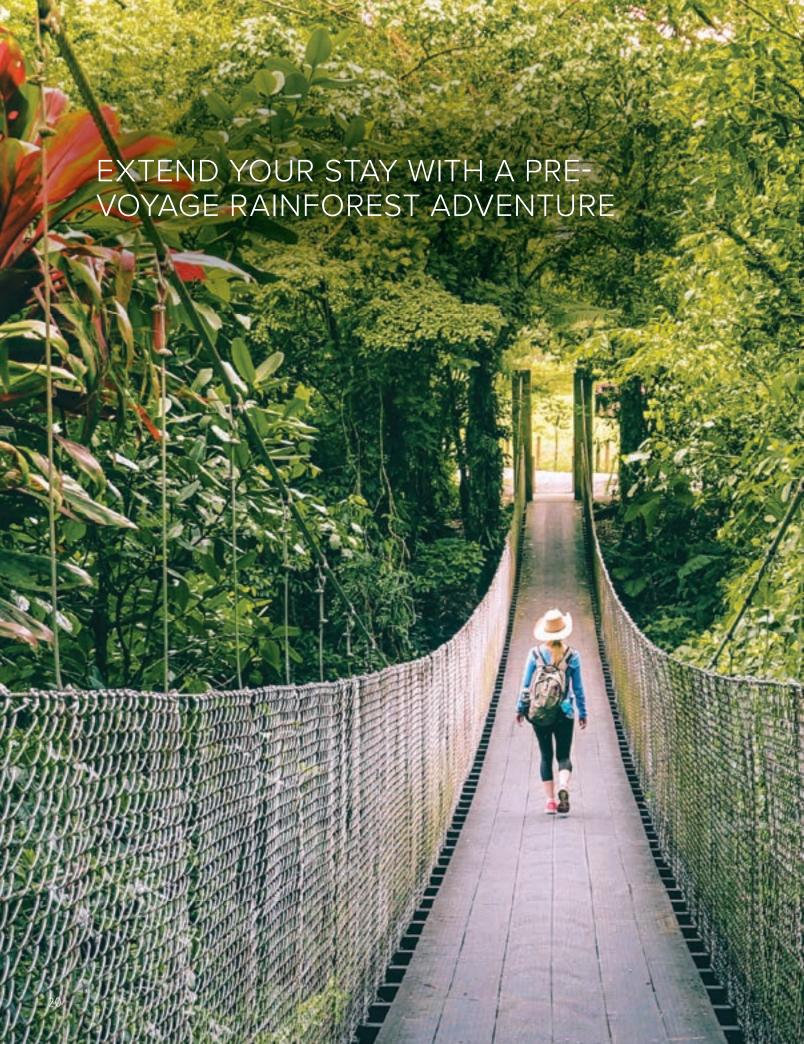
Explore Puerto Caldera, a bustling port city known for its rolling Pacific swells, perfect for surfing.

Pacific Ocean

### A WALK IN THE FOREST

Join naturalists for hikes through Corcovado National Park to spot endemic wildlife such as brightly plumed birds and chattering monkeys.







### A SCENIC DRIVE WILL TAKE YOU TO MONTEVERDE CLOUD FOREST.

Bathed in cool, year-round moisture, this private reserve is covered with mosses and 300 species of orchids. Walk trails rich with butterflies and bird life. Ascend the Skywalk, a series of suspension bridges, for a bird's-eye view of the rain forest canopy and the chance to see resplendent quetzals. Learn about life in the early Monteverde community from an original Quaker homesteader. Spend each night at a charming, family-owned lodge. Then board your ship for *Costa Rica & the Panama Canal*.

# ITINERARY: MONTEVERDE CLOUD FOREST + COSTA RICA & THE PANAMA CANAL

11 DAYS/10 NIGHTS—LAND EXCURSION + SEA VOYAGE ABOARD NATIONAL GEOGRAPHIC QUEST

FROM: \$8,060

(SEE PAGES 30-31 FOR DETAILS)

### **EXPEDITION DETAILS**

2019 Dates:

Nov. 21; Dec. 5, 19

2020 Dates:

Jan. 2, 16, 30

### ITINERARY AT A GLANCE (see inset map on page 19)

Day 1 San José, Costa Rica

Days 2-3 Monteverde Cloud Forest

Day 4 Monteverde/Puerto Caldera/Embark

Day 5 Corcovado National Park

Day 6 Golfo Dulce/Osa Peninsula

Day 7 Golfo Dulce

Day 8 Coiba National Park, Panama

Day 9 Gulf of Panama Islets/Panama Canal Transit

Day 10 Gatún Lake/Panama Canal Transit
Day 11 Colón/Disembark/Panama City

Visit expeditions.com/MONTEVERDE for a complete day-by-day itinerary. Or call to speak with an Expedition Specialist.





### AFTER YOUR PANAMA TO COSTA RICA EXPEDITION, DISEMBARK IN

Puerto Caldera to bird-watch and search for American crocodiles. Later, visit the Bat Jungle exhibit or hear from an early Quaker settler. Enjoy a visit to a butterfly farm and a tour of the Monteverde reserve. Get a new perspective on the region as you sail across Lake Arenal. Check into your hotel and relax in the naturally heated pools. You'll also walk the Mistico Arenal Hanging Bridges, strung through two miles of dense rainforest canopy. Then, a land and boat transfer will take you to Tortuguero, a spectacular lowland forest on Costa Rica's northeast coast. Tour the wildlife-rich canals of Tortuguero National Park in small, guided boats. Later, check into a rustic lodge at the water's edge for dinner. Finally, enjoy a visit to the Sea Turtle Conservancy to learn the area's history and go for a stroll through the car-less village.

# ITINERARY: COSTA RICA & THE PANAMA CANAL + MONTEVERDE, ARENAL VOLCANO & TORTUGUERO

15 DAYS/14 NIGHTS—SEA VOYAGE ABOARD NATIONAL GEO-GRAPHIC QUEST + LAND EXCURSION

FROM: \$10,810

(SEE PAGES 30-31 FOR DETAILS)

### **EXPEDITION DETAILS**

2019 Dates: Dec. 1, 15, 29 2020 Dates: Jan. 12, 26; Mar. 23

### ITINERARY AT A GLANCE (see inset map on page 19)

Day 1 Panama City, Panama/Colón/Embark
Day 2 Gatún Lake/Panama Canal Transit

Day 3 Gulf of Panama Islets/Panama Canal Transit

Day 4 Coiba National Park
Day 5 Golfo Dulce, Costa Rica

Day 6 Osa Peninsula

Day 7 Corcovado National Park

Day 8 Puerto Caldera/Disembark/Monteverde

Days 9-10 Monteverde/Arenal
Days 11-12 Arenal/Tortuguero
Days 13-14 Tortuguero/San José

Day 15 San José

Visit expeditions.com/ARENAL for a complete day-by-day itinerary. Or call to speak with an Expedition Specialist.





### WALK TRAILS WITH BUTTERFLIES AND BIRDS AND WATCH FOR THE

rare resplendent quetzal. Ascend a series of suspension bridges for a bird's-eye view of the forest canopy. Search for American crocodiles on the Tarcoles River before venturing to the nearby Bat Jungle exhibit. Check into a family-owned retreat with expansive grounds and picturesque views of the cloud forest. After a visit to a butterfly farm, search for monkeys and hummingbirds. Cross Lake Arenal in small boats for a fresh perspective on the volcano there. On the lake's far side, check into an elegant hotel surrounded by gardens and pastures with grazing animals and views of the smoldering volcano. A land and boat transfer takes you to Tortuguero, a spectacular lowland forest on Costa Rica's northeast coast. Tour the wildlife-rich canals of Tortuguero National Park in small, guided boats, spotting monkeys, caimans, and myriad bird species. Enjoy a visit to the Sea Turtle Conservancy to learn the area's history and go for a stroll through the car-less village. All days end with a delicious meal, including a dramatic farewell dinner.

### ITINERARY: EXPLORING COSTA RICA: CLOUD FOREST TO THE CARIBBEAN

9 DAYS/8 NIGHTS—LAND-ONLY EXCURSION
PRICING: \$4,960 PER PERSON DOUBLE OCCUPANCY;
\$5,480 SINGLE OCCUPANCY

(SEE PAGE 31 FOR DETAILS)

### **EXPEDITION DETAILS**

2019 Dates:

Dec. 7, 21

2020 Dates:

Jan. 4, 18; Feb. 29; Mar. 6, 13, 20, 29

### ITINERARY AT A GLANCE (see inset map on page 19)

Day 1 San José, Costa Rica

Day 2 San José/Tarcoles River/Monteverde

Day 3 Monteverde

Day 4 Monteverde/Arenal
Day 5 Arenal Volcano
Day 6 Arenal/Tortuguero

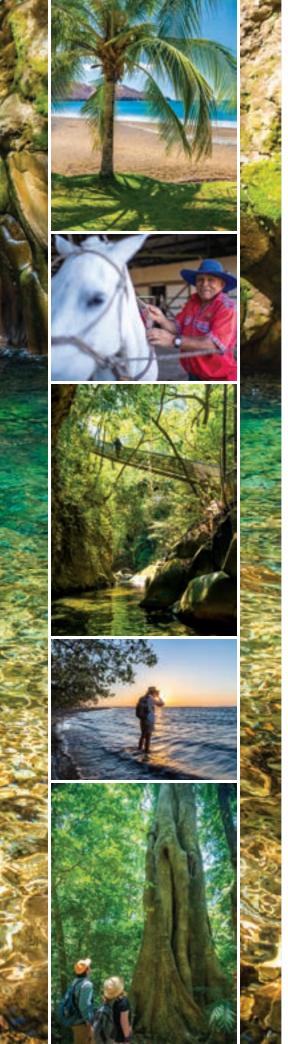
Day 7 Tortuguero

Day 8 Tortuguero/San José

Day 9 San José

Visit **expeditions.com/TORTUGUERO\_LAND** for a complete day-by-day itinerary. Or call to speak with an Expedition Specialist.







### COSTA RICA IS KNOWN FOR ITS RAINFOREST BIODIVERSITY,

from exotic plants to brilliantly colored birds to exquisite aquatic species. But it's also home to one of the largest tropical dry forests in Central America. This ecosystem, one of the rarest in the Americas, contains substantially less water than the rainforest—but it's still teeming with flora and fauna. We're now offering the chance to spend six days in Guanacaste, a beautiful Costa Rican region of tropical dry forest with unique landscapes, climate, and wildlife.

From towering active volcanos, to intricate mangrove and coral systems, to pristine beaches, the scenery is remarkably varied in Guanacaste. Choose the activities that you like best: try canyoning for the first time, horseback riding through open country near a volcano, kayaking and paddleboarding, or simply soaking up the sun on some of the Pacific's most attractive stretches of sand. Take a hike to spot kinkajous, howler monkeys, and sloths—and maybe even the tracks of a puma or jaguar. Strap on a snorkel to spot rays, turtles, and a colorful array of tropical fish. No matter your choice, you'll take home indelible memories of a rare opportunity to go deep into the tropical dry forest.

### **EXPEDITION HIGHLIGHTS**

Go canyoning, horseback riding, or hiking • Join an archaeological tour or hike a volcanic area in Rincón de la Vieja National Park • Immerse yourself in the incredible biodiversity of Santa Rosa National Park via foot, kayak, or paddleboard • Grab a snorkel and see the diversity continue below the water • Learn about complex ecosystems, seabird migration, and animal behavior from experienced naturalists

Visit expeditions.com/GUANACASTE for itinerary.



### **ANIMALS GALORE**

Explore a secluded cove in Santa Rosa National Park, home to 250 species of birds—including toucans, ospreys, and parrots—as well as 115 species of mammals, ranging from white-tailed deer to armadillos to howler monkeys.

### **COSTA RICA**

# Puerto Caldera San José

### **ISLANDS IN THE SUN**

The uninhabited offshore islets called Tortuga provide perfect white sand on palm-lined beaches, along with lush, tropical deciduous vegetation.

### WILD COSTA RICA ESCAPE: GUANACASTE'S CORAL REEFS & VOLCANIC PEAKS



6 DAYS/5 NIGHTS-ABOARD NATIONAL GEOGRAPHIC SEA LION

FROM: \$3,740

(SEE PAGE 32 FOR DETAILS)

### **EXPEDITION DETAILS**

2019 Dates:

Nov. 30, Dec. 5, 10, 15, 23, 28

2020 Dates: Jan. 2; Mar. 30

### **SPECIAL OFFERS:**

- Book by Sep. 30, 2019 and we will waive the solo traveler premium on solo cabins on all departures.
- Book a group of 6 or more to save 10%. See page 33 or call for offer details.

### **ITINERARY AT A GLANCE**

Day 1 San José, Costa Rica/ Puerto Caldera/Embark

Day 2 Bat Islands/Santa Rosa National Park

Day 3 Rincón de la Vieja National Park

Day 4 Zapotal Beach/Tamarindo

Day 5 Curu National Wildlife Reserve/Isla Tortuga

Day 6 Puerto Caldera/Disembark/San José

Visit expeditions.com/GUANACASTE for a complete day-by-day itinerary. Or call to speak with an Expedition Specialist.





MAIN DECK



### NATIONAL GEOGRAPHIC QUEST

CAPACITY: 50 cabins accommodating 100 guests REGISTRY: United States. OVERALL LENGTH: 238 feet.

Sister ships *National Geographic Quest* and *National Geographic Venture* (launched 2018) are the latest additions to our fleet. Designed with over 50 years of expedition heritage and built in the U.S.A., both ships will set a new standard in exploration and comfort.

PUBLIC AREAS: Global gallery; fitness center; LEXspa; lounge with full service bar and facilities for films and presentations; observation deck; mudroom with lockers for expedition gear; and a partially covered sundeck with chairs and tables. Our "open bridge" provides guests an opportunity to meet our officers and captain, and learn about navigation.

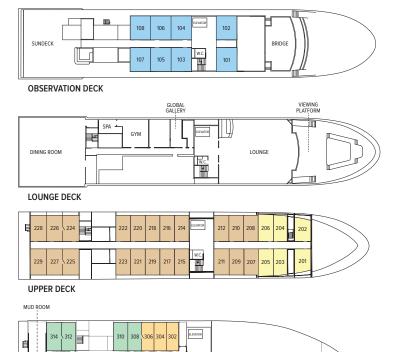
**MEALS:** Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfast and lunch are wide-selection buffets with chef-action stations, while dinners are primarily served plated. Menu emphasizes local fare.

**CABINS:** All cabins face outside with windows or portholes, private facilities, and climate controls. Category 4 cabins have step-out balconies.

**EXPEDITION EQUIPMENT:** A fleet of 8 Zodiacs and 24 kayaks, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, video microscope, and paddleboards.

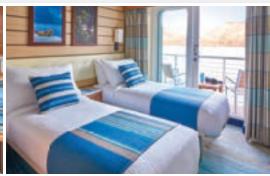
**SPECIAL FEATURES:** Guest internet access, elevator, Lindblad-National Geographic certified photo instructor, a video chronicler, and undersea specialist.

**WELLNESS:** The vessel is staffed by a Wellness Specialist and features a gym with an elliptical machine, treadmill, exercycles, handweights, and resistance bands. Treatments in the LEXspa are available by appointment.









Left to right: Captain Cook raises a glass; *National Geographic Quest*; our lounge is the hub of the expedition community; viewing platform; Category 5 cabin; Category 4 cabin with lower single beds (which can be converted to a Queen) and a private step-out balcony. Select cabins connect via an inside doorway.

CATEGORY 1: Main Deck #301-306 Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

CATEGORY 2: Main Deck #307-315 Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two portholes.

CATEGORY 3: Upper Deck #201-206 Cabins feature two lower single beds that can convert to a Queen, a writing desk, and two large view windows.

CATEGORY 4: Upper Deck #207-229 Cabins feature two lower single beds that can convert to a Queen, a writing desk, sliding glass door, and small, private balcony.

CATEGORY 5 (SUITE): Observation Deck #101-108 Cabins feature two lower single beds that can convert to a Queen, large view windows, an expanded bathroom, writing desk, ample storage space, and a convertible sofa bed to accommodate a third person.

**NOTE:** Solo Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in Category 5 cabins at one half the double occupancy rate.

Connecting Cabins via internal doorway access: Main Deck: #312-314, #311-315, #306-308, #305-307; Upper Deck: #224-226, #225-227

Prices are per person, double occupancy t	iniess ind	iicated a	S SOIO.

ITINERARY	YEAR	CAT. 1	CAT. 2	CAT. 3	CAT. 4	CAT. 5 SUITE	CAT. 1 SOLO	CAT. 2 SOLO	ADVANCE PAYMENT	NOTE
Costa Rica & the Panama Canal – Page 16	2019/ 2020	\$6,170	\$6,790	\$7,200	\$8,020	\$8,950	\$9,260	\$10,190	\$750	Sample Airfares: Miami/Panama City, San José/Miami (or vice versa): Economy from \$700; Business from \$1,500.
Costa Rica & the Panama Canal Holiday Departures: Dec. 22 & 29 – Page 16	2019	\$6,390	\$6,990	\$7,520	\$8,380	\$9,420	\$9,590	\$10,490	\$750	Sample Airfares: Miami/Panama City, San José/Miami (or vice versa): Economy from \$700; Business from \$1,500.
Monteverde Cloud Forest + Costa Rica to Panama – Page 20	2019/ 2020	\$8,060	\$8,680	\$9,090	\$9,910	\$10,840	\$11,150	\$12,080	\$1,000	Sample Airfares: Miami/San José, Panama City/Miami: Economy from \$700; Business from \$1,500.
Panama to Costa Rica + Monteverde, Arenal & Tortuguero – Page 22	2019/ 2020	\$10,810	\$11,430	\$11,840	\$12,660	\$13,590	\$13,900	\$14,830	\$1,500	Sample Airfares: Miami/Panama City, San José/Miami: Economy from \$700; Business from \$1,500.
Exploring Costa Rica: Cloud Forest to the Caribbean (Land-only Excursion) – Page 24	2019/ 2020	\$4,960 per person double occupancy; \$5,480 single occupancy.  Call or visit our website for details.						Sample Airfares: Round-trip Miami/ San José: Economy from \$400, Business from \$1,100.		

Prices quoted in this brochure are valid as of the time of printing, are subject to modification, and are not guaranteed until booking and required deposit is made. For current rates and details visit **expeditions.com**, call an Expedition Specialist, or your Travel Advisor. For best pricing book early.







### NATIONAL GEOGRAPHIC SEA LION

CAPACITY: 62 guests in 31 outside cabins. REGISTRY: United States. OVERALL LENGTH: 152 feet.

**PUBLIC AREAS:** Our ship features a library; global market; lounge with full-service bar and facilities for films, slide shows and presentations; observation deck; partially covered sun deck with chairs and tables, and LEXspa. Our "open bridge" provides guests an opportunity to meet our officers and captain, and learn about navigation.

**MEALS:** Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfasts are wide-selection buffets and lunch is often served family style. Dinners are primarily served plated. Menu emphasizes local fare.

**CABINS:** All face outside with windows, private facilities, and climate controls.

**EXPEDITION EQUIPMENT:** Bow camera, hydrophone, kayaks, paddleboards, splash-cam, underwater video camera, video microscope, wet suits and snorkel gear, and fleet of expedition landing crafts.

**SPECIAL FEATURES:** Guest internet access. An undersea specialist, a certified photo instructor, and a video chronicler are on board all voyages.

**WELLNESS:** The vessel is staffed by a wellness specialist and features exercise equipment, LEXspa, and outdoor stretching area.

CATEGORY 1: Main Deck #300-305—Conveniently positioned between the dining room and lounge, these cabins feature two single lower beds, and a large view window.

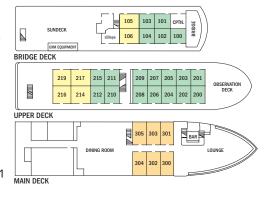
CATEGORY 2: Bridge Deck #100-104; Upper Deck #200-212, 215—These well-located cabins include two lower single beds and a view window.

CATEGORY 3: Bridge Deck #105, 106; Upper Deck #214, 216, 217, 219—These cabins feature a seating unit with table and two large view windows. Upper Deck cabins include two lower single beds which can convert to a double bed and a pull-out single bed for a third person. Bridge Deck cabins include two lower single beds only.

Note: Solo Occupancy cabins are available in Categories

1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

Shared
Accommodations:
Shares can be
arranged at the
double occupancy
rate in Categories 1
and 2 only.



Prices are per person, double occupancy unless indicated as solo.

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ITINERARY	YEAR	CAT. 1	CAT. 2	CAT. 3	CAT. 1 SOLO	CAT. 2 SOLO	ADVANCE PAYMENT	NOTE
NEW! Wild Costa Rica Escape: Guanacaste's Coral Reefs & Volcanic Peaks – Page 26	2019/ 2020	\$3,740	\$4,370	\$4,930	\$5,620	\$6,550	\$750	Sample Airfares: Round-trip Miami/San José: Economy from \$400; Business from \$1,100.

Prices quoted in this brochure are valid as of the time of printing, are subject to modification, and are not guaranteed until booking and required deposit is made. For current rates and details visit **expeditions.com**, call an Expedition Specialist, or your Travel Advisor. For best pricing book early.

### SPECIAL OFFERS

**SOLO SAVINGS:** Book by Sep. 30, 2019 and we will waive the solo premium on solo cabins on all departures of *Wild Costa Rica Escape: Guanacaste's Coral Reefs & Volcanic Peaks* and all non-holiday departures of *Costa Rica & the Panama Canal.* New bookings only. Subject to availability. May not be combined with other offers or extensions. Call for details.

#### FREE R/T AIR OR TWO-DAY PANAMA CITY

**EXTENSION:** Book Costa Rica & the Panama Canal by Sep. 30, 2019 and receive FREE ROUND-TRIP economy group airfare between Miami and San Jose/Panama City on select departures. Or, choose a complimentary two-day extension in Panama City, subject to availability. Offer not available on holiday departures. Complimentary air is based on economy group flights and must be ticketed by Lindblad Expeditions. In the case that Lindblad's group flight is not available at time of booking, you will receive a \$450 credit. New bookings only and not combinable with other offers. When booking Monteverde or Monteverde, Arenal & Tortuguero extensions, choose between two-day extension in Panama City and \$450 air credit. Call for details.

**TRAVELING AS A GROUP:** Book a group of six or more on any departure of *Wild Costa Rica Escape: Guanacaste's Coral Reefs & Volcanic Peaks* and save 10%. On all other departures, save 5% when traveling as a group of eight or more people. Take advantage of these great savings, while enjoying traveling with your friends and family. This savings is applicable to voyage fares only, and is not valid on extensions or airfare. Deposit, final payments, and cancellation policies for group travel vary from our regular policies.

**BRINGING THE KIDS:** We believe sharing an expedition with your kids or grandkids is a life-enhancing experience. So, take \$500 off for each child under the age of 18.

**COMBINING OFFERS:** Certain offers may be combinable, up to two savings opportunities except where noted otherwise. For example, travel with a group of eight or more, including kids under 18, and take advantage of both savings!

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### RESERVATION INFORMATION

Terms & Conditions: For complete terms and conditions please visit www.expeditions.com/terms

Costs Include: All accommodations aboard ship or in hotels per itinerary or similar, all meals and nonalcoholic beverages aboard ship, meals on land as indicated, air transportation where indicated as included, all shore excursions except flightseeing, sightseeing and entrance fees, special access permits, transfers to and from group flights, use of kayaks (where available), tips (except to ship's crew), taxes and service charges, services of a ship physician, and services of our expedition staff.

**Not Included:** Air transportation (except where shown as included), extensions, passport, visa, immigration fees, meals not indicated, travel protection plan, items of a personal nature such as alcoholic beverages, internet access, voyage DVD, flightseeing, laundry. Gratuities to ship's crew are at your discretion.

**Airfare:** For all programs, airfare is an additional cost unless otherwise indicated. Sample airfares are subject to change. We will gladly assist in making your air arrangements for a \$50 per person service fee.

**Reservations:** To reserve your place, an advance payment is required at the time of reservation. A per-person deposit begins at \$750 and is dependent upon itinerary.

**Final Payment:** For expeditions aboard all ships, payment is due 90 days prior to departure. Payment schedules may vary for certain longer voyages, due to high demand for these voyages. We reserve the right to cancel your reservation if payment has not been received by final payment due date.

Travel Protection Plan: We strongly recommend that you take advantage of our Travel Protection Plan. This plan offers comprehensive coverage to protect you from cancellation fees, costs incurred due to trip delays/interruption, medical assistance, and damaged or lost baggage, and provides medical assistance and evacuation during your travels. Our Travel Protection Plan is available for U.S. and Canadian residents only, and may be purchased any time prior to final payment due date. If you are not satisfied for any reason, you may return your plan within 10 days after purchase. Your premium will be refunded if canceled within 10 days, provided you have not already departed on the trip or filed a claim. When so returned, the coverage under the plan is void from the original date of purchase.

Responsibility and Other Terms & Conditions: Certain provisions concerning, among other things, limitations of Lindblad Expeditions' and the National Geographic Society's liability for loss of property, injury, illness or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure, and are also available on our website at www.expeditions. com/terms, or upon request. By registering for a trip, the guest agrees to all such terms and conditions

**Note:** Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

**Cancellation Policy:** Cancellation penalties may apply after payment is received. Please visit www.expeditions.com/terms for complete cancellation policies.

Unused services or items included in our programs are non-refundable.

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### For Reservations: Contact your travel advisor or Lindblad Expeditions **1.800.EXPEDITION** (1.800.397.3348)

Reservation Hours: Monday – Friday 9am – 9pm ET

Saturday & Sunday 10am - 5pm ET

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For additional information and online reservations, visit us on the Web: www.expeditions.com



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SAIL SOLO TO COSTA RICA AND SAVE—WAIVE THE PREMIUM ON ALL NON-HOLIDAY DEPARTURES. SEE PAGE 33.

