

Below is a general packing list developed by one of our expedition leaders. A specific list for your voyage is provided to you upon booking and is available through your online documents. If you have any questions, please give us a call.

Your Packing List	
<input type="checkbox"/>	One waterproof rain jacket for rainy or windy weather.
<input type="checkbox"/>	One pair of waterproof pants (made of Goretex or similar waterproof, breathable fabric) that are loose enough to wear over a regular pair of trousers. You will need these for almost every landing.
<input type="checkbox"/>	One or two pairs of waterproof ski mittens or gloves. You might bring a pair of thin, polypropylene gloves that fit under your ski mittens so you can take your mittens off during photography without your hands getting cold. You may want to bring an extra pair of mittens in case your other pair gets wet.
<input type="checkbox"/>	One wool ski cap and a scarf if the cap cannot be pulled down to cover your neck.
<input type="checkbox"/>	One pair of fully waterproof knee-high rubber boots with sturdy, high-traction soles. We stress the importance of boots that are completely waterproof so that your feet will not get wet when you step into shallow, icy water during Zodiac landings. Additionally, boots should have good traction because you are likely to encounter poor footing on ice and rough terrain. Also, comfort is important - if your boots are too heavy or bulky, your footing will be awkward during hikes. Wellington boots, "muck" boots or XtraTufs can be purchased at sporting goods stores, fishing supply stores, and from outdoor clothing suppliers.
<input type="checkbox"/>	Comfortable walking shoes with rubber soles for use aboard the ship.
<input type="checkbox"/>	Three or four pairs of warm, sturdy, tall wool socks and an equal number of thin socks to wear underneath for extra insulation. Silk or polypropylene sock liners do well. (Make sure you bring several pairs of socks since your feet may perspire to the point of wetness.)
<input type="checkbox"/>	An assortment of fleeces, sweaters, and other layered clothing.
<input type="checkbox"/>	One full set of thermal or silk long underwear.
<input type="checkbox"/>	One or two bathing suits (for the onboard sauna)
<input type="checkbox"/>	Workout clothing, for use in the ship's fitness center.
<input type="checkbox"/>	Water resistant backpack for carrying cameras or other equipment.
<input type="checkbox"/>	Sunglasses.
<input type="checkbox"/>	Binoculars.
<input type="checkbox"/>	Electrical converter and adapter for your hotel stay (220V to 110V).
<input type="checkbox"/>	Travel alarm clock.
<input type="checkbox"/>	Camera, lenses, instruction manual, plenty of memory cards/film, battery charger and extra batteries.
<input type="checkbox"/>	Note: Robes are provided in your cabin.

Visit our online store, www.gearupexpeditions.com, for a convenient way to shop for your expedition.