EXPLORE THE PACIFIC AND CARIBBEAN SIDES OF COSTA RICA, INLAND RAIN FORESTS, MOUNTAINS, AND SEE WONDERFUL WILDLIFE. Hike in the shadow of the Arenal Volcano, and relax in its hot springs. Walk bridges through the mist-shrouded cloud forest canopy. Visit the remote, car-less town of Tortuguero and venture into the rain forest via green-canopied canals.

DAY 1: Home/San José
Fly to the airport in San José, Costa Rica, transfer to your hotel, the Costa Rica Marriott Hacienda Belen. Meet your naturalist guide and enjoy a welcome dinner. (D)

DAY 2: San José/Tarcoles River/Monteverde
Search for American crocodiles on the Tárcoles River. Transfer to Monteverde, where after lunch, we walk the trails of Curi-Cancha Reserve, listening for the mournful song of the black-faced Solitaire or searching the undergrowth for agoutis, a shy mammal of the Latin American tropics. We’ll check into a family-owned retreat, converted from a cattle farm into an eco-lodge and nestled in the misty cloud forest of Monteverde offering the best views of the surrounding mountains, with the Gulf of Nicoya in the distance. (B,L,D)

DAY 3: Monteverde
After breakfast, we visit the renowned Bat Jungle, featuring over one hundred species, where we learn about these fascinating night creatures, essential to the health of tropical forests. After lunch, we venture into the legendary Monteverde Cloud Forest Reserve, seeking out white-headed capuchins and the agile, long-limbed spider monkeys. A variety of hummingbirds--up to an astonishing 30 species--are located here, including the violet sabrewing with its purple glowing iridescence. With luck, we may spot the rare and beautiful resplendent quetzal. (B,L,D)
DAY 4: Monteverde/Arenal
We begin our day at a butterfly farm where we’ll have the opportunity to see dozens of local species, including individuals of the morpho genus appearing brown with closed wings, only to open and spread to display their fantastic azure coloration. After, we drive to Lake Arenal and cross in small boats for a striking perspective on the volcano. Once on the far side, we check into and enjoy our elegant hotel surrounded by tropical forests, gardens, and pastures. Here we have views towards the cone of the smoldering Arenal Volcano, a truly classic Costa Rican scene. Later, relax in some of the naturally heated thermal pools which dot the Arenal landscape. (B,L,D)

DAY 5: Arenal Volcano
Following breakfast, our morning excursion brings us to the Finca Don Juan. During our walking tour, we learn about the finca’s sustainable farming practices before enjoying an organic lunch. This afternoon, we walk the Arenal Mistico Hanging Bridges, strung more than two miles through the rainforest canopy, on the lookout for three-toed sloths, mantled howler monkeys, and stunning tropical birds including rufous motmots, great antshrikes, and blue-and-gold tanagers. Or, for a more active exploration of the tropical canopy, you may choose to travel by zipline. (B,L,D)

DAY 6: Arenal/Tortuguero
Today we depart Lake Arenal and make our way to Tortuguero, a spectacular lowland forest on Costa Rica’s northeast coast. In the afternoon, we stroll through the car-less village to browse in small shops before visiting the Sea Turtle Conservancy, the largest green sea turtle rookery in the Western Hemisphere, which also contains nesting populations of leatherback and hawksbill sea-turtles. At the conservancy, you’ll learn about the history of the region and important conservation work taking place on Tortuguero’s beaches. We dine tonight at Miss Junies, a restaurant with a rich heritage and Afro-Caribbean flair, overnighting in our rustic lodge at the water’s edge. (B,L,D)

DAY 7: Tortuguero
This morning, we set out by guided boat to explore Tortuguero National Park’s canals, keeping an eye out for sungrebes, rufescent tiger-herons, American crocodiles, and mammals such as white-lipped and collared peccaries, white nosed coatis, and Geoffroy’s spider monkeys. In the early afternoon, choose between additional excursions into the canals or relax to enjoy the lodge’s amenities such as the pool or optional spa treatments (spa treatments at an additional cost). (B,L,D)

DAY 8: Tortuguero/San José
After breakfast, we board the charter flight to San José where we visit a workshop at Sibu Chocolatier followed by chocolate tasting. After lunch, we visit the San Jose Gold Museum before checking into our hotel, the Costa Rica Marriott Hacienda Belen. (B,L,D)

DAY 9: San José/Home
Transfer to the San José airport for flights home. (B)

2020 Departure Dates:
29 Mar
19 Dec

2021 Departure Dates:
2 Jan, 16 Jan, 30 Jan
18 Mar

Important Flight Information
Please confirm your arrival and departure dates prior to booking flights.

Advance Payment:
$750

Sample Airfares:
Economy: from $450
Business: from $800
Airfares are subject to change

Cost Includes:
Accommodations aboard ship; meals indicated; non-alcoholic beverages aboard ship; excursions; services of Lindblad expedition leader, naturalist staff, expert guides and a ship’s doctor; park fees; use of kayaks and snorkeling equipment; all port charges and service taxes.

Cost Not Included:
Air transportation; horseback riding; personal items such as alcoholic beverages, emails, voyage DVD, etc.; discretionary tips to naturalist staff and crew.
**Costa Rica Land Expedition**

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(1) Travel Protection Plan
We strongly recommend our guests to take advantage of our Travel Protection Plan. This plan offers comprehensive coverage to protect you from cancellation fees, costs incurred due to trip delays/interruption, damage or lost of baggage, medical assistance, and evacuation during your travels. Our Travel Protection Plan is available for U.S. and Canadian residents only, and may be purchased any time prior to final payment due date. Travel Protection premiums are non-refundable once plan is purchased.

Learn more about our Travel Protection "Plus" Plan: [https://www.expeditions.com/TravelProtection/](https://www.expeditions.com/TravelProtection/)

(2) Cancellation Plan
Review our cancellation plan: